

THE UDAIPUR ARTHROSCOPY ASSOCIATION PRESENTS
in association with
ROSA(Rajasthan Orthopedic Surgeons Association) & UOS (Udaipur Orthopaedic Association)

UDAIPUR

ARTHROSCOPY & ARTHROPLASTY

COURSE 2025

DATE: 22 MARCH 2025

SCIENTIFIC PROGRAMME

A. KNEE ARTHROSCOPY SESSION

CHAIR PERSON

DR C K AMETA | DR A K MEHRA | DR MANISH DHANKAR
DR SUBHASH SHARMA | DR SANGARAM TYAGI

8.30 AM - 9.00AM

Registration

9.00 AM - 9.15 AM

Clinical Examination of knee and Portal placement

DR SAUMYA AGRAWAL

9.15 AM - 10:15 AM

RE LIVE SURGERY (ACL Reconstruction Remnants Preservation With LET)

DR MANIT ARORA

10:15 AM - 10:30 AM

Different Techniques of Meniscus Repair

DR SUMIT BANERJEE

10:30 AM - 10:40AM

Meniscus Root Repair

DR RAJAT JANGID

10:40 AM - 10:50 AM

PCL Reconstruction (Video Demonstration)

DR PRATHMESH JAIN

10:50 AM - 11:00 AM

Approach to Revision ACL Reconstruction

DR DEEPAK JOSHI

11:00 AM - 11:10 AM

Approach to Multiligament Knee Injury

DR VIKRAM SHARMA

11:10 AM - 11:45 AM

Case Presentation on Knee Arthroscopy

- DR KULDEEP NATHAWAT •
- DR HITESH MANGAL •
- DR SUMIT BANERJEE

DR AKSHAT VIJAY

DR ASHISH GAUR

RE LIVE SURGERY (Multi Ligament Reconstruction)

11.45 PM - 1.00 AM

DR ROSHAN WADE

LUNCH BREAK

1.00 PM - 2.00 PM

Hands On Workshop on HTO with Meniscus Repair

DR RAJIV GUPTA | DR PRATHMESH JAIN

Venue:: Howard Johnson Hotel, Udaipur



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B. SHOULDER ARTHROSCOPY SESSION

CHAIR PERSON

DR VINAY JOSHI | DR B L KUMAR | DR ANIL GUPTA
DR ANAMENDRA SHARMA | DR ANURODH SHANDILYA

02:00 PM-02:15 PM

Basics in Shoulder Arthroscopy & Shoulder Examination

DR NITESH GAHLOT

02:15 PM-02:30 PM

Partial Cuff Tear (Repair or conserve..?)

DR ROSHAN WADE

02:30 PM-02:45 PM

Complete Cuff Tear (single row or double row..?)

DR MANIT ARORA

02:45 PM-03:00 PM

How to Repair Sub Scapularis Tear ? (Video Presentation)

DR PRATHMESH JAIN

03:00 PM-04:00 PM

RE LIVE SURGERY (Shoulder Arthroscopic Cuff repair)

DR DEEPAK JOSHI

04:00 PM-04:15 PM

Bankart Repair & Superior Capsular Reconstruction (Video Presentation)

DR RAJIV GUPTA

04:15 PM-04:30 PM

Remplissage Procedure (when to do..?)

DR ROSHAN WADE

04:30 PM - 05:30 PM

Shoulder Case Presentation & Panel Discussion

• DR RAJAT JANGID • DR VISHNU PRATAP SINGH
• DR NITESH GAHLOT • DR KAPIL DEV GARG
• DR TIRTH VYAS

05:30 PM - 06:00PM

Hands On Shoulder Arthroscopy Workshop

DR ROSHAN WADE | DR MANIT ARORA

07:00 PM Onward

GALA DINNER

Venue:: Howard Johnson Hotel, Udaipur



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C. PARTIAL KNEE ARTHROPLASTY SESSION

CHAIR PERSON

DR RATAN SHARMA | DR R P MEENA | DR ANURAG TALESRA
DR M P JAIN | DR KULDEEP NATHAWAT

8.30 AM - 9.00AM	Breakfast
9.00 AM - 9.15 AM	Why I Started Doing Partial knee & How to Educate Patient for UKR DR KARTIK SHUKLA
9.15 AM = 9.30 AM	Indication & Contraindication of UKR DR SURYAKANT PUROHIT
9.30 AM - 9.45 AM	Planning Of UKR DR KARTIK SHUKLA
9.45 AM - 10.00 AM	Comparison Between Fixed Bearing & Mobile Bearing UKR DR RAJIV GUPTA
10.00 AM - 10.40 AM	RE LIVE SURGERY (Oxford knee replacement) DR KARTIK SHUKLA
10.40 AM - 11.00 AM	Patellar Instability : A 360° Perspective The Saurabh Mathur Memorial Lecture DR VIKRAM SHARMA
11.00 AM - 12.00 AM	Case Presentation and Panel Discussions DR RAJIV GUPTA DR SURYAKANT PUROHIT
12.00 AM - 1.00 PM	Workshops on UKR and TKR (UKR) DR KARTIK SHUKLA (TKR) DR HARPREET SINGH
1.00 PM - 2.00 PM	LUNCH BREAK

Venue:: Howard Johnson Hotel, Udaipur

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D. TOTAL KNEE ARTHROPLASTY SESSION

CHAIR PERSON

DR S BHOWMIK | DR. A K OJHA | DR. USMAN KHAN
DR SHUBHAM ARORA | DR RAGHVENDRA CHOUBISA | DR LAXMI NARAYAN

02:00 PM-03:00 PM

RE LIVE SURGERY (TKR)

DR C S YADAV

03:00 PM-03:10 PM

TKR in severe Varus knee (Surgical Demonstration)

DR R P MEENA

03:10 PM-03:20 PM

TKR in severe Valgus knee (Surgical Demonstration)

DR KARTIK SHUKLA

03:20 PM-03:30 PM

Tips & Tricks to Avoid Mid flexion Instability and Malalignment

DR RAHUL KHANNA

03:30 PM-03:40 PM

How to Manage Bone defect (In TKR ..)

DR HARPREET SINGH

03:40 PM-03:50 PM

Unhappy Patient Post TKR

DR C S YADAV

03:50 PM-04:00 PM

Comparison Between Mechanical & Kinematic Alignment
(Principles, Technique & Results)

DR CS YADAV

04:00PM-04:10 PM

Role of PCL in TKR

DR ARUN SHARMA

04:10PM-04:20 PM

Robotics - Is it the way forward ???

DR RAJIV GUPTA

04:20 PM-05:00 PM

Case Presentations & Panel Discussion

• DR MANISH AGARWAL •
• DR ASHISH SINGHAL •

DR MANISH DHANKAR
DR NAVEEN RATHOR

05:00 PM

VOTE OF THANKS

Venue:: Howard Johnson Hotel, Udaipur